

WHY SORTING?

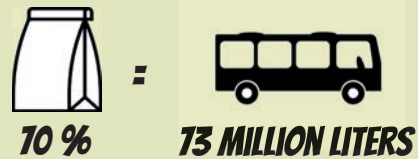
Your food waste is collected to create both biofertilizer and biogas – two important resources which can both replace imported mineral fertilizers and fuel. This leads us to being a little more self-sufficient of important resources

Biogas reinserts nutrients to the soil in the form of, amongst other, nitrogen and phosphorus which is needed for our crops to grow. Together we're creating a more local and natural cycle which work against the depletion of our arable land.

DID YOU KNOW?



From 2 kg of food waste, the amount of phosphorus from biogas that is created can grow oats which is enough for 11 portions of oatmeal!



70% of all the food waste from households could replace 73 million liters of petrol. This can cover the annual consumption of 85 000 cars.

Biogas is a climate-smart fuel which can replace both petrol and diesel. This leads to a decrease of both noise and pollution – and give us more green jobs in Sweden.

[gördetintесvårare.se](http://gorдетintесvårare.se)

 AVFALL SVERIGE

This campaign is a cooperation between Avfall Sverige and Göteborgsregionen. Together we can become better at collecting food waste and in turn contribute to a natural cycle. Your food waste creates biogas which works as fuel and biofertilizer that reinserts important nutrients to our arable land – completely natural.

DON'T MAKE IT TRICKIER

than it is



1 FOOD WASTE IN BAG

2 BAG IN BIN

3 BINGO! IT'S NOT TRICKIER THAN THAT

A campaign by Göteborgsregionen with Avfall Sverige which aims to increase the collection of food waste.

SORTING OUT FOOD WASTE IS EASY!

Of course, edible food should end up in the stomach. But the non-edible parts of the food should be emptied in the food waste bag. Yes, it's that easy.

TIP!
Only fill the bag with the amount food waste so you can still easily close it

THIS IS FOOD WASTE:



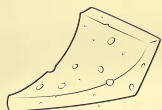
Meat and meat scraps



Coffee grinds and coffee filters, tea and teabags



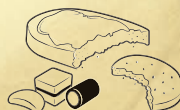
Pasta, rice and potato peel



Cheese and other sandwich toppings



Paper towels



Bread, cookies and candy



Egg shells



Fruit- and vegetable scraps



Fish and seafood

KEEP THE KITCHEN FRESH

IF THE PAPER BAG GETS SOGGY AND BREAKS DO THE FOLLOWING THING:

- Let the bag sit in the correct container. There are special containers which are created to air the bag and keep it dry
- In the bottom of the bag, add some paper towels, newspaper or a piece of egg carton.
- Make sure that your food waste is not too soaked before throwing it out

IN CASE YOU GET FRUIT FLIES DO THE FOLLOWING THING:

Make a habit of often emptying out the food waste

Make a fly trap in a glass or a bowl:

- 2 parts vinegar
- 1 part juice or syrup
- A few drops of detergent

THIS IS NOT FOOD WASTE:

- Cat sand and dog poop bags
- Cigarettes and tobacco
- Contents from a vacuum cleaner
- Plastic bags and food containers
- Branches and twigs

